



CORNING UNION HIGH SCHOOL ATHLETIC POLICIES & INFORMATION STATEMENT OF RISK

NOTICE OF RISK TO STUDENTS AND PARENTS

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC, and FATAL ACCIDENTS may occur.

Many types of athletic competition will result in physical contact among players. There are many strenuous physical exertions, direct and non-direct physical contact which may expose student-athletes to the inherent risk of injury.

Students and parents must assess the risks involved in such participation and make their choices to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by high school students also may be inherently dangerous. The importance of parents and students having the knowledge of the risks involved in making this choice to participate cannot be over stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other permanent physical impairments as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. By choosing to participate, you, the student, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students MUST adhere to that instruction and utilization and MUST refrain from improper uses and techniques. As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious injury. If any of the foregoing is not completely understood, please contact the Athletic Administrator for further information and/or explanation.





CORNING UNION HIGH SCHOOL ATHLETIC POLICIES & INFORMATION CIF CODE OF ETHICS

POLICY STATEMENT

The California Interscholastic Federation Northern Section is committed to the demonstration of sportsmanlike and ethical behavior in and around all athletic contests played under its sanction. All contests must be safe, courteous, fair, controlled, and orderly for all athletes and fans alike.

It is the intent of the NSCIF Board of Managers that violence in any form not be tolerated in athletic contests under the jurisdiction of the Board. In order to enforce this policy, the Commissioner will establish rules and regulations in cooperation with the Board of Managers that set forth the manner of enforcement of this policy and the penalties incurred when violation of the policy occurs. The rules and regulations shall focus upon the responsibility of the coach to teach and demand high standards of conduct and to enforce personally the rules and regulations set forth by the Commissioner.

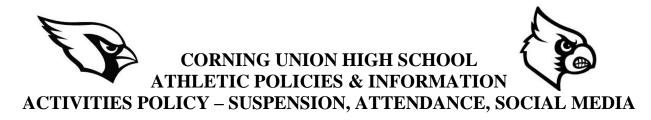
The NSCIF Board of Managers requires that the following Code of Ethics be issued to each student athlete, coach, and officials association as a guide to govern their behavior.

CODE OF ETHICS FOR STUDENT ATHLETE, COACH, AND CONTEST OFFICIAL

- Be courteous at all times (with school officials, opponents, game officials, and fans).
- Exercise self-control.
- Be familiar with all rules of the contest.
- Show respect to players, officials, and other coaches.
- Refrain from the use of foul and abusive language (including trash talking).
- Respect the integrity and judgment of game officials.
- Refrain from use of illegal and non-prescription drugs, anabolic steroids, or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States, or the American Medical Association.
- Win with character, lose with dignity.

VIOLATIONS, PENALTIES AND APPEAL PROCESS

The CIF and NSCIF have strict rules for player conduct. These rules are applicable to players and coaches from time of departure for contest until time of return. For a specific list of violations, penalties and the appeal process, contact the Athletic Administrator.



Corning Union High School currently has a Code of Behavior, which is clearly defined in the student handbook. This policy pertains to all students while under the supervision of Corning Union High School, and all students while currently engaged in either the extra-curricular or co-curricular program. All students involved in any of these programs must read the Code of Behavior and understand that these policies pertain to them.

The code of behavior applies while on any school grounds in California, going to or coming home from school, during lunch (on or off campus), during, while going to coming from a school sponsored activity and off campus at any time if sufficient nexus to school activity.

Any athlete, who is suspended from school (including In-House suspension), assigned to the Reset Room, or assigned to complete classwork in the office as an alternative to suspension, will miss any practice or contest on the day(s) of the discipline. If there is not a contest on the day of the discipline, the athlete will not be allowed to participate in the next scheduled contest.

Student-Athletes must attend four (4) complete class periods on six (6) period days and three (3) complete class periods on four (4) period days to participate in athletic practices. Students must attend more than fifty (50) percent of class periods on days with specialty schedules. Any exception must be approved through the Administration prior to the missed class periods. Any student-athlete that participates in an athletic practice without attending the required class periods or that does not receive prior administrative approval, will not be allowed to participate in the next practice and/or contest following the discovery of the prohibited participation.

On the day of an athletic contest, student-athletes are expected to attend the entirety of every class period prior to the team's scheduled release time. Any exception must be cleared through the Administration prior to the missed class periods. Any student-athlete that participates in an athletic contest without attending the required class periods or that does not receive prior administrative approval, will not be allowed to participate in the next contest following the discovery of the prohibited participation.

Students involved in activities must realize that they represent Corning Union High School even when they are not participating in school activities. This includes on social media. Students that engage in bullying and/or harassment, in violation of Education Code sections 48900 et seq., on social media will be disciplines in accordance with the Code of Behavior, which may include removal from the team immediately.

Students that participate in activities involving alcohol or controlled substance in violation of Education Code sections 48900 et seq., on social media will be suspended from all contests for four weeks. In issues related to drugs or alcohol, if the end date of the student's suspension would be after the last scheduled regular season contest, that student will be removed from the team immediately.

These rules pertain to all students involved in extra-curricular and co-curricular activities.



Definitions:

- 1. Extra-Curricular Activities: School activities conducted at all times other than a regular class period and placed on public display at regular intervals.
- 2. Co-Curricular Activities: School activities that are developed and carried on in a regular class period and placed on public display at regular intervals.

Policy:

The use of any controlled substance (listed in Chapter 2, commencing with Section 111053 of the Division of Health and Safety Code) considered illegal or controlled by the Food and Drug Administration or alcohol involvement <u>during school or school related activities</u>, applies while on any school grounds in California, going to or coming home from school, during lunch (on or off campus), during, while going to coming from a school sponsored activity and off campus at any time if sufficient nexus to school activity while a student currently engaged in either the extracurricular program, or the co-curricular program and whose skills are utilized, or on public display at regular intervals shall be subject to the following penalties:

<u>First Offense:</u> The involved student shall be denied all extra-curricular and co-curricular participation for a minimum period of six (6) weeks of school from the date of the administrative penalty determination.

<u>Second Offense and all other offenses throughout their high school years:</u> The student shall be denied all extra-curricular and co-curricular participation equivalent to the average number of school days in one semester from the date of the administrative penalty determination.

Coaches or advisors MAY impose additional penalties for illegal drug or alcohol violations subject to administrative approval. If this occurs, a plan will be communicated in writing to parents/guardians and students at the beginning of the season.

Assuming the student committing the violation as a junior or below, all incomplete penalties will be carried over to the succeeding year.

Class or program changes must follow the normal procedure for program changes: Basic school practice shall prevail.





CORNING UNION HIGH SCHOOL ATHLETIC POLICY & INFORMATION ELIGIBILITY REQUIREMENTS

SCHOLASTIC ELIGIBILITY

Student-Athletes must maintain a minimum of a 2.0 (unweighted) grade point average to participate in athletic activities. Specific athletic teams may have a standard higher than 2.0 if it is communicated in writing to parents/guardians and students at the beginning of the season. Students that do not meet the eligibility requirements may not participate in any activity that puts their skills on public display. Grades for athletics will be checked every grading period by the Administration and/or Athletic Director. Ineligible students may be granted a probationary period. Probationary periods will be granted at the first and fourth grading periods only. In order to be granted a probation period, a student must have met the GPA requirement in the previous grading period. When a student is placed on probation his/her parents or guardians will be notified in writing. A student may still full participate in athletic activities while on probation. The probation shall last one grading period. If a student has not achieved the required GPA by the end of the probationary period, he/she may no longer participate in any activity that puts his/her skills on public display. The student will become eligible to fully participate again when he/she has achieved a 2.0 GPA on a progress period report card or a semester report card.

ATHLETIC ELIGIBILITY

A student-athlete on a high school team becomes ineligible if the student-athlete competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport. (CIF 600)

CHANGE OF SPORT ELIGIBILIY

A Student-Athlete will be given a grace period (that period of time when a player may quit a team and try out for another sport requiring Athletic Clearance within the season of the sport) which will end ten (10) practice days after the athlete has started that sport. After this period of time, a student-athlete who quits a team cannot participate in another sport requiring Athletic Clearance until the season ends. Any exception must be cleared through the Administration.





CORNING UNION HIGH SCHOOL ATHLETIC POLICIES & INFORMATION VOLUNTEER DRUG TESTING

Definitions:

Drug: Any controlled substance (listed in Chapter 2, commencing with Section 111053 of the Division of Health and Safety Code) considered illegal or controlled by the Food and Drug Administration

Student Athlete: Any student participating in athletic practices and/or contests under the control and jurisdiction of the Corning Union High School District

Sport Season: Fall, Winter, and Spring season begin on the first day of practice allowed by the California Interscholastic Federation or Corning Union High School and end the day prior to the beginning date of practice of the next season.

POLICY STATEMENT: In order to provide for the health and safety of the individual athlete and other athletics, as well as providing a legitimate reason for students to say "no" to drug use and providing an opportunity for those taking drugs to receive help in locating programs which can provide assistance, the District is conducting a mandatory drug testing program for student athletes. The program is not punitive. It is designed to create a safe, drug free, environment for student athletes and assist them in getting help when needed.

PROCEDURES:

Consent: The parent and/or guardian and the student athlete is required to sign a written consent for drug testing prior to participating in the athletic program. Any time an athlete refuses to be tested, he/she will be suspended from the team for the remainder of the season.

Medication: Student athletes who have been or who are taking prescription medication must provide verification (either a copy of the prescription or by doctor's authorization) prior to being tested. Students who refuse to provide verification and test positive will be subject to actions specified on the following page for "positive tests".

Student Selection: All student athletes may be tested at the beginning of each season. Random testing will be conducted during the sports season. Students selected for random testing will be selected by having their names drawn from a "pool" of student athletes.

"Positive Test: If the student's test indicates positive results, parents will be notified and the following actions will be taken:

First Offense:

- 1. Notify parent and/or guardian
- 2. A due process hearing will be conducted by the principal or designee with the parent/guardian and the student
- 3. Student will be given the option of:
 - a. Participating in assistance programs and submitting to random drug tests for six weeks or
 - b. Be suspended from participating in athletics for the remainder of the current season and the next athletic season. The student will be retested before beginning the next season for which he/she is eligible.

Second Offense:

- 1. Notify the parent and/or guardian
- 2. A due process hearing will be conducted by the principal or designee with the parent/guardian and the student
- 3. The student is suspended from participating in athletics for the remainder of the current season and the next athletic season for which he/she is eligible.

Third Offense:

- 1. Notify the parent and/or guardian
- 2. A due process hearing will be conducted by the principal or designee with the parent/guardian and the student
- 3. The student is suspended from participating in athletics for the remainder of the current season and the next two athletic season for which he/she is eligible.





CORNING UNION HIGH SCHOOL ATHLETIC POLICIES & INFORMATION NON-DISTRICT TRANSPORTATION

The following page is a sample of our District Board Policy "Parent Authorization for "Non-District Transportation" form.

Please read it over and note that this form is to be signed at the school at least 24 hours prior to the activity.

Also please be advised that this form cannot be taken home and signed – the parent as well as the driver must come in person to the office and sign the Parent Authorization for Non-District Transportation form.

This form was meant for those times when circumstances would not allow the extra-curricular student to return from an even in school transportation **not** just because the student does not want to ride the bus and/or vans home.

Please understand that this policy and the strict rules governing it are for your student's safety and welfare.





CORNING UNION HIGH SCHOOL ATHLETIC POLICIES & INFORMATION NCAA INITIAL ELIGIBILITY

NCAA INITIAL-ELIGIBILITY CLEARINGHOUSE INFORMATION

To be eligible to participate in interscholastic sports at a Division I or II institution you must register with the NCAA Clearinghouse. Please note that initial eligibility certification pertains only to whether you meet the NCAA requirements for participation in Division I or II athletics and has no bearing on your admission to a particular Division I or II institution.

To be certified by the Clearinghouse, you must:

1. You should apply for certification at the end of your junior year of high school. You can apply for certification by: getting the necessary registration materials from the counseling office or registering on-line at www.ncaaclearinghouse.net or at www.ncaa.org.

If you will be applying for certification through the paper mail-in process, you will need to fill out and mail the top (white) copy of the student-release form to the Clearinghouse along with the \$30.00 fee. Give the pink and yellow copy to your high school registrar, who then will mail the yellow copy, along with an official copy of your high school transcript, to the Clearinghouse. The high school will keep the pink copy for its files and mail a final transcript after you graduate.

If you will be applying on-line you will need to start the process by going to www.ncaa.org and go to the Prospective Student-Athlete section. You will need to have a credit card available that can be used to pay your registration fee. You will also need a printer available to print a copy of you SRF and the authorization form (copy #1 and copy #2) that you will need to give to your high school registrar. These authorization forms are required for the high school to send your transcripts and test scores to the Clearinghouse.

2. Earn a grade-point average of at least 2.00 (on a 4.00 scale) in a core curriculum of at least 14 academic courses taken during grades 9 through 12. Only courses that satisfy the NCAA definition of a core course can be used to calculate your NCAA GPA. No special values are allowed for "+" or "-" grades. Your core courses must include at least:

Core Units Required for NCAA Certification for Division I and II

14 CORE-COURSE RULE (Division II universities)

14 Core Courses:

- 4 years of English
- 2 years of mathematics (Algebra 1 or higher)
- 2 years of natural/physical science (1 year of lab if offered by high school)
- 1 year of additional English, mathematics or natural/physical science
- 2 years of social science
- 3 years of additional courses (from any area above or foreign language, non-doctrinal religion/philosophy)

16 CORE-COURSE RULE (Division I universities)

16 Core Courses:

- 4 years of English
- 3 years of mathematics (Algebra 1 or higher)
- 2 years of natural/physical science (1 year of lab if offered by high school)
- 1 year of additional English, mathematics or natural/physical science
- 2 years of social science
- 4 years of additional courses (from any area above or foreign language, non-doctrinal religion/philosophy)

Clearinghouse Customer Services

Clearinghouse mailing address:

NCAA Clearinghouse 301 ACT Drive Box 4043 Iowa City, IA 52243-4043

Toll Free phone numbers (domestic callers only):

Clearinghouse customer service hours: 8 a.m. to 5 p.m. Central Time Monday through Friday

Customer Service Line: 877/262-1492

24-hour voice response: 877/861-3003

Phone numbers (international callers):

Customer Service Line: 319/337-1492

24-hour voice response: 319/339-3003

Fax Number: 319/337-1556